

MISSOURI HOSPITAL ASSOCIATION  
PSYCHIATRIC NETWORK  
MINUTES OF MEETING/WEBINAR  
11 a.m. Tuesday, November 20, 2018

**MEMBERS PRESENT**

Al Griemann, Chair  
Debra Deeken  
Dayna Harbin  
Alyson Harder  
Kathy Harms  
Joy Heastan  
Kathy Hopkins  
Angela Igo  
Britani Manthe  
Robert Reitz, Ph.D.  
Shirley Repta  
Martha Senter  
Regina Shaffer  
Tom Stalf  
Lesa Stock  
Bonnie Woods  
Debbie Wriedt

**WELCOME AND INTRODUCTIONS**

Chair Al Greimann welcomed the members to the call and then welcomed the newly elected district representatives. Greimann will remain as the committee chair for the next term. Felix Vincenz will remain the district 4 representative; Cynthia Benbow from Research Medical Center will represent district 2; and Tonya Wooden will represent district 3.

**DISTRICT REPORTS**

District 1: Brittani Manthe reported the Crisis Intervention Training Program has starting. They are starting the Emergency Room Enhancement program at Cameron and Mosaic.

- District 2: No report
- District 3: Dr. Bob Reitz provided a District 3 update. Reitz informed the group about the opening of the new CenterPointe Hospital of Columbia, LLC.
- District 4: Felix Vincenz was not on the call to provide a district report. Reitz noted St. Louis Psychiatric Center will be celebrating its 150th anniversary in spring 2019.

- District 5: Dayna Harbin reported Springfield Behavioral Hospital will be opening soon. They will operate as a freestanding institution for mental disease. Harbin will be reaching out to the new director.
- District 6: Mineral Area Hospital renovation for behavioral health is ongoing. Southeast Hospital may be expanding behavioral health beds to 109 beds. There is a certificate of need currently in play. Universal Health Services was going to be in partnership, however, the current status of the relationship is uncertain. UHS is the parent company of Heartland and Two Rivers Behavioral Health System.

### **2019 MEDICAID PRIORITIES**

Brian Kinkade reported to the group the 2019 Missouri Hospital Association board approved Medicaid priorities. Kinkade noted MHA will be filing legislation to codify the managed care organization standards into law and/or regulation. There are several managed care organization reform issues MHA will be working on including some plan amendments to align the operational process of managed care organizations, utilization review practices, and payments and denials. Kinkade also noted the desire of the Department of Mental Health to move to a fee structure instead of the current per encounter structure. Inpatient payment reforms have been discussed but are complicated by federal reimbursement allowance issues. Kinkade does not believe there is anything imminent with inpatient reform, however, the MCOs are urging DMH to consider rebasing. MHA will be working with the legislature and DMH to support hospital payments. The FRA tax expires in September 2019; Kinkade noted that ensuring the tax reauthorization is priority.

Kinkade noted change in the Medicaid arena including a new Medicaid Director Todd Richardson. Richardson is the former Speaker of the Missouri House of Representatives. Kinkade noted Richardson has been meeting with many hospitals and also met with MHA.

Several questions were asked and answered. Greimann encouraged any member experiencing an issue with MCO plan contracting to please let MHA and Kinkade know. Greimann also asked about Medicaid expansion initiatives in Missouri. Kinkade stated there appears to be a lot of excitement in the community pushing for Medicaid expansion. He also noted it is likely to see future ballot initiatives for expansion. Richardson noted his focus will be on current processes, coverage and improved quality and not on expansion. However, there appears to be a swell of encouragement and support for expansion by many stakeholders. Greimann noted much of Missouri's cost associated with the Medicaid program significantly is offset by the FRA provider tax, and there is a misunderstanding about how the Medicaid program works and the true cost to Missouri taxpayers.

### **2019 MHA BOARD DIRECTED BEHAVIORAL HEALTH PRIORITIES**

- Emergency Room Enhancement Expansion: MHA plans to support the expansion of the ERE program and work with the DMH to increase funding. Greimann noted a high level of interest by Missouri hospital leadership to get more help in emergency departments.
- Partial Hospitalization Program Standards: Greimann noted hospital and Community Mental Health Center Partial Hospitalization Program programs have specific standards that must be

followed, however, other organizations do not have the same standards. These programs are holding themselves out to be PHP programs without meeting baseline minimum standards. MHA will be asking the Medicaid program to adopt those standards.

- Authorization of Medicaid coverage for Opioid Use Disorder in Institutions of Mental Disease facilities: Greimann noted the board's focus is to work with the state to obtain waivers available to support payment for treatment of individuals in IMD.

## **STRATEGIC PLAN**

Greimann led the conversation on the current status and future strategic plan development for 2019. Greimann provided an update on several items that may impact the group's thoughts on the future direction.

- A recent meeting between Centers for Medicare and Medicaid Services, Department of Health and Senior Services and MHA representatives including several hospital representatives, covering rate of citations being realized by Missouri hospitals yielded good discussion. The continued action will flow to a meeting at the central office and Senator Roy Blunt's office in Washington, D.C. next week. MHA will continue to monitor these citations, the survey process, operationalize workgroups to discuss possible solutions as well as work with DHSS and the regional office to clarify processes and improve communication and transparency.
- Safe Transitions and Access to Recovery Resources Kids Project with Missouri Coalition of Behavioral Health is ongoing. While the program pilot has not officially started, funding is being secured and we are hopeful work soon will begin. The project centers on transitional care for adolescent behavioral health patients. Dr. Reitz asked if this mainly would include the certified community behavioral health clinics. Greimann stated that the project would be open to members of the Coalition.
- The informed consent processes with Missouri Medicaid Children's Division drastically has changed since August 2018. There now is a requirement to notify the Missouri Medicaid Children's Division anytime a patient is placed on a medication. The problem: when case workers are not accessible, the case worker is not informed about the need for the medication and is not consulting with the physician to make a good decision for approval, etc. At a meeting with the MMCD; it appeared they do not want to back down from this process. MMCD committed to retraining staff and a process for what should be done when a case worker is unavailable. There will be another meeting the second week of December. Greimann asked for case examples to be sent to Sarah Willson for inclusion in the next meeting. Alyson Harder explained they are starting to see denials as well as not being able to treat on the inpatient side because of lack of approval. Harder noted the case workers were trained, however, this process is not simple and they are ill-equipped to make these independent decisions. Harder noted her strong desire to be involved. Dayna Harbin discussed the time it is taking for the case workers to reach out to families for approval. The group agreed. Greimann asked Willson and MHA to begin tracking problems with the consent process. Greimann recommended to Dr. Young-Walker that this be completed as a retrospective review.
- A meeting is scheduled for December 11 with Department of Mental Health and MCOs. Greimann credited the leadership of Harder as the reason for this meeting. He also stated this

is a very crucial meeting to establish some guidelines for providing adequate care for children with mental disease in Missouri hospitals.

- SED and SMI 1115(a) waivers are going to be considered. A letter recently was sent to Medicaid directors. Greimann explained the IMD demonstration project in Missouri from 2012-2015. The budget neutrality of the project was not accepted by CMS. However, this announcement may provide new hope for a waiver to move away from the IMD rule and expand access and payment. MHA, as well as the Coalition, is behind the ideas of waivers. Greimann inquired whether the group should put together a team to work on this project.
- The Preadmission Screening and Resident Review process has been an ongoing issue. MHA convened a group throughout the fall of 2018. Another meeting is forthcoming. Low-hanging fruit for speeding up the process includes separating the Level I screen from the state's level of care process.

Greimann encouraged all call participants to evaluate the 2018 initiatives, measurements, etc., for 2019, asked the steering committee to meet and come up with strategic goals for consideration by the group at the first Psychiatric Network meeting of 2019.

Willson provided an overview of new reports from HIDI on mental health. Reitz asked if there was a way to do some "data mining" to show the impact of the ERE program. Willson will further discuss this with Dr. Reitz.

### **2019 MEETING DATES**

- 10 a.m. to 2 p.m. Wednesday, February 6, 2019 at MHA
- 12 to 4:30 p.m. Wednesday, April 17, 2019 at Tan-Tar-A Resort in Osage Beach
- 10 a.m. to 2 p.m. Thursday, September 19, 2019 at MHA
- 2019 MHA Convention Roundtable, November 5, 2018 at Tan-Tar-A Resort in Osage Beach
- Strategic Planning Webinar, November 2019, TBD

### **ADJOURNMENT**

The meeting adjourned at noon.

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