

CRITICAL ACCESS HOSPITALS

FOOD AND DIETETIC SERVICES					
Self-Assessment Questions	YES	NO	N/A	Date/Initials	Comments
<p>Note: Because state licensure requires that the CAH have the ability to provide inpatient services, there must be a plan in place to assure that the nutritional needs of inpatients are met in accordance with recognized dietary practices and the orders of the practitioner responsible for the care of the patients.</p> <p>If Food and Dietetic Services are provided by a contracted service provider, the hospital is responsible for assuring that all contracted services comply with 19 CSR 30-20.090 and COP §485.635(a)(3)(vii).</p>					
<p>Does the hospital have an employee designated who:</p> <p>a. serves as director of dietary services?</p> <p>b. is responsible for the daily management of the dietary services?</p> <p>c. is qualified by education, training and experience in food service management and nutrition through an approved course for certification by the Dietary Managers Association or registration by the Commission on Dietetic Registration of the American Dietetic Association, or an associate degree in dietetics or food systems management?</p> <p>d. has documented evidence of annual continuing education?</p> <p>19 CSR 30.20.090(1)(A) – (D) COP §485.635(a)(3)(vii)</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<p>When the director is not a qualified dietitian, is a qualified dietitian employed on a part-time or consultant basis?</p> <p>19 CSR 30.20.090(2)</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<p>When the qualified dietician is a consultant, are written reports submitted to and approved by the CEO or designee?</p> <p>19 CSR 30.20.090(6)</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<p>Does a qualified dietitian (full-time, part-time or a consultant) provide are the following services on the premises on a regularly scheduled basis:</p> <p>a. continuing liaison with the administration, medical staff and nursing staff?</p> <p>b. approval of planned, written menus, including modified diets?</p> <p>c. evaluation of menus for nutritional adequacy?</p> <p>19 CSR 30.20.090(3)(A)(B)</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<p>Does the director of dietary services or designee ensure:</p> <p>a. patient and family counseling and diet instructions?</p> <p>b. nutritional screening within 24 hours of admission to identify patients at risk for</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

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nutritional deficiency, malnutrition or need for therapeutic diets and/or supplements? c. comprehensive nutritional assessments within 72 hours after screens on patients at nutritional risk, including height, weight and pertinent laboratory tests? d. reevaluations of patients as necessary to ensure their ongoing nutritional needs are met? e. assuring that therapeutic diets are provided as prescribed in writing by a qualified; practitioner responsible for the care of the patient or a dietitian, monitored for patient tolerance and evaluated for nutritional adequacy? f. documentation of pertinent information in patient's records, as appropriate? g. participation in committee activities concerned with nutritional care? 19 CSR 30.20.090(4)(A) – (E) COP §485.635(a)(3)(vii)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Does the hospital have criteria for conducting nutritional screening and train staff performing screens on the criteria? 19 CSR 30.20.090(4)(B)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Do care plans for patients identified as having specialized nutritional needs address those needs as well as monitor their intake and nutritional status? COP §485.635(a)(3)(vii)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
If the hospital permits dieticians to order diets, does the hospital ensure they are qualified and grant them privileges to order diets? COP §485.635(a)(3)(vii)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

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<p>Is the director of dietary services or his/her designee responsible for:</p> <p>a. representing the dietary services in interdepartmental meetings?</p> <p>b. recommending the quantity and quality of food purchased?</p> <p>c. participating in the selection, orientation, training, scheduling and supervision of dietary personnel?</p> <p>d. interviewing the patients for food preferences and tolerances and providing appropriate substitutions?</p> <p>e. monitoring adherence to the written planned menu?</p> <p>f. scheduling dietary services meetings?</p> <p>g. developing a procedure to provide appropriate substitution or a selective menu for patients with food preferences and/or intolerances?</p> <p>h. implementing training programs for dietary staff?</p> <p>19 CSR 30.20.090(5(A)-(F)</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<p>Is dietary services director responsible for developing and implementing written policies and procedures and for monitoring to assure they are followed?</p> <p>19 CSR 30.20.090(7)</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<p>Does the food and dietetic department have policies and procedures that address:</p> <p>a. processes to ensure appropriate nutritional care and clinically-indicated nutritional interventions are provided during admission?</p> <p>b. nutritional care planning as a component of the discharge plan when clinically indicated?</p> <p>19 CSR 30.20.090(7)</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<p>Are policies and procedures reviewed and kept current per hospital policy and readily available to staff?</p> <p>19 CSR 30.20.090(7)</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<p>Does the dietary services provided comply with the Missouri DHSS Food Code Manual?</p> <p>19 CSR 20.1.025</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<p>Are dietary services staffed with a sufficient numbers of qualified personnel?</p> <p>19 CSR 30.20.090(8)</p>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

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Are menus planned, written and followed to meet the nutritional needs of the patients as determined by the recommended dietary allowances (RDA) of the Food and Nutrition Board of the National Research Council, National Academy of Sciences or as modified by physician's order? 19 CSR 30.20.090(9)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Are diets prescribed in accordance with the diet manual approved by the qualified dietitian and the medical staff? 19 CSR 30.20.090(10)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Is the diet manual available to all medical, nursing and food service personnel? 19 CSR 30.20.090(10)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Are at least three meals or their equivalent offered with supplementary feedings as necessary? 19 CSR 30.20.090(11)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Are dietary records maintained that include: a. food specifications and purchase orders? b. meal count? c. standardized recipes? d. menu plans? e. nutritional evaluation of menus? f. minutes of departmental and in-service education meetings? 19 CSR 30.20.090(12)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
Do dietary services comply with 19 CSR 20-1.025 Sanitation of Food Services Establishments? 19 CSR 30.20.090(13)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Do dietary services follow current recommended dietary intake allowances of the Institute of Medicine's food and Nutrition Board's Dietary Reference Intakes (DRIs)? COP §485.635(a)(3)(vii)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

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Helpful Hints

- If CAH has swing beds, it must also comply with COP §483.25(i) and ensure and document that swing bed residents maintain acceptable parameters of nutritional status such as body weight and protein levels unless resident's clinical condition demonstrates that it is not possible.

Key Resources and Links

- [19 CSR 30-20.090](#)
- [19 CSR 20-1.025](#)
- [COP §483.25\(i\)](#)
- [COP §485.635\(a\)\(3\)\(vii\)](#)
- [Missouri Food Code for Food Establishments in Missouri](#)